

INSPIRATION CLUB BUILDING GROUP RESERVATION FITNESS PROGRAMS POLICY

Purpose

This policy establishes clear guidelines for group reservation fitness programs at the Inspiration Club Building to promote participant safety, clarify responsibilities, and reduce risk, particularly for fitness, wellness, and active-use programming.

Participants in District-sponsored fitness programs are governed by separate agreements and are required to sign a separate waiver.

Definitions

Group Reservation: An event or activity reserved by resident of the District that is not organized or operated by the District.

Instructor/Leader: Any individual leading, teaching, or facilitating an activity.

General Requirements (All Programs)

- All participants must complete a District-approved waiver prior to participation.
 - The Instructor/Leader must execute a District-approved waiver prior to teaching a class.
 - Activities must be appropriate for the space and comply with all District rules, policies, and governing documents.
 - The District reserves the right to deny or revoke reservations that do not meet these requirements.

Group Reservation Fitness Program Requirements

Access & Supervision:

- A maximum of five (5) designated group leaders or instructors may be granted access for security purposes.
- Designated leaders are responsible for admitting participants and securing the Facility.

Instructor Qualifications:

- At least one instructor or group leader present must hold current CPR and Basic First Aid certification.
- Documentation of relevant training or experience must be provided upon request.

Insurance:

- Proof of instructor or group insurance is strongly encouraged and may be required depending on the activity.

Waivers:

- All participants must complete the District-approved waiver prior to participation.
- Instructors/leaders must also execute a District-approved waiver prior to teaching a fitness class.
- Group organizers are responsible for ensuring waivers are submitted to District management.

Compliance & Enforcement

Failure to comply with this policy may result in cancellation of the reservation, loss of future reservation privileges, or additional requirements imposed by the District.